



Adventist Risk
Management, Inc.

GOOD TOUCH AND BAD TOUCH FOR STAFF

Children today are not safe. The sad reality is anyone could be a child predator, teachers, pastors, pathfinder leaders, or other students.

Educating adults and children around you on appropriate methods of physical contact helps protect everyone in your organization from inappropriate behavior.

Use the following guidelines to educate staff members and the information on the back of this sheet to teach children in your organization when a touch is good and when it is not. Instruct your staff on the appropriate way to report a situation if they become aware of inappropriate behavior.

Appropriate Touch Guidelines for Staff Members

- ALWAYS ASK A CHILD FOR PERMISSION TO TOUCH THEM FOR ANY REASON.
- WHEN TOUCHING A CHILD, ONLY TOUCH AT THE SHOULDER LEVEL OR ABOVE, EXCEPT WHEN NECESSARY TO ENSURE THE SAFETY AND WELL BEING OF A CHILD.
- ONLY GIVE CHILDREN SIDE HUGS.
- DO NOT ENGAGE IN INAPPROPRIATE PHYSICAL CONTACT OF ANY KIND - INCLUDING ROUGH PHYSICAL PLAY, PHYSICAL REPRIMAND AND HORSEPLAY.



Good Touch and Bad Touch for Children

Note to Parents and Teachers: Use the following image to explain safe touch and inappropriate touch. Use the quiz questions at the end to ensure your child understands what to do in an unsafe situation.

Everyone has a body, and your body belongs to you. This means no one can touch you unless you say they can. You should always ask for permission before touching someone else. Don't touch them unless they say you can.

These are your personal zones

There are four body zones where you should not touch anyone and no one should touch you. They are your:



Do you know the difference between safe touch and unsafe touch?

Safe touch is good for you and makes you feel happy. Unsafe touch makes you feel bad, angry, scared and embarrassed. Someone could touch you in your personal zones, show you photos or videos that make you uncomfortable, make you undress, or touch their personal zones in front of you. These types of touch are not good for you. These are unsafe touch.

If anyone touches you in a way that makes you feel bad or in one of your four personal zones, run away from that person and tell an adult whom you trust right away. Tell the adult exactly what happened. Remember, what people do to you is not your fault. You are responsible for what you do to other people.

Question 1:

What are the four body zones where no one should touch you?

Question 3:

What should you do if someone touches you in a way that isn't safe?

Question 2:

What are some touches that make you feel good?

Question 4:

Who are some people you trust that you would talk to if something made you uncomfortable?

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